

# Andine's Wellness Studio



## **Symphony – \$110** **Signature Massage:**

Experience this unique treatment commencing with a foot bath and exfoliation. Heated stones will be placed on your feet and hands, followed by a de-stressing full-body massage. For your genuine relaxation, your feet and face will be gently massaged. Approx. 75 min.

## **Fantasy – \$99/\$149** **Heated Stone Massage:**

An experience with volcanic stones you won't forget! Approx. 45 or 70 min.

## **Impromptu - \$89/\$129** **Aromatherapy Treatment:**

A soothing European Lymph Drainage Massage using therapeutic essential oils. Approx. 55 or 85 min.

## **Moderato - \$45/\$82/\$110** **Relaxation Massage:**

Very calming and de-stressing by using our signature combination of Swedish and Lymph Drainage Massage techniques. Approx. 25 or 55 or 85 min.

## **Anthem - \$159** **Massage Sampler:**

A celebration of various massages that includes heated stones, Swedish and lymph drainage massage, and Reflexology. Approx. 85 min.

## **Allegro - \$55/\$95/\$125** **Sports Massage:**

It can reduce muscle stiffness, improve flexibility and increase motion in your joints. Approx. 25 or 55 or 85 min.

## **Virtuoso - \$55/\$95/\$125** **Therapeutic Massage:**

Performed by a massage therapist to prevent, develop, maintain, rehabilitate or augment physical function or relieve pain. Approx. 25 or 55 or 85 min.

## **Mystical - \$25** **Face Massage:**

Includes cleansing of the face, followed with a relaxing face massage. Approx. 20 min.

## **Harmony - \$25** **Foot Massage:**

Includes foot soak and exfoliation, followed with a relaxing foot massage. Approx. 20 min.

## **Andante - \$55/\$75** **Leg Treatment:**

An effective treatment designed for aching and tired legs. Approx. 40 or 60 min.

## **Viva - \$59/\$95** **Anti-Cellulite Treatment:**

Vigorous techniques will be used that won't be comfortable but will be very effective. It will aid in reducing cellulite, tighten, firm and tone your skin, thighs and buttocks, in combination with proper diet and exercise. Approx. 35 or 55 min.

## **Interlude - \$55** **Retreat Head Massage:**

A combination of upper back massage, scalp and face massage. Approx. 35 min.

## **Jikiden Reiki - \$75** **Original Japanese Reiki:**

Effective treatment for the entire body that addresses not only symptoms but using the ability to sense Byosen (toxin accumulations) as a guide. Between 60-90 min.

## **Serenade - \$40/\$65** **Reflexology:**

Targeted pressure is applied to your feet to stimulate specific parts of your body. Promotes true relaxation and well being. Approx. 30 or 55 min.

## **Sensation - \$65** **Body Glow:**

An invigorating full-body exfoliation that concludes with an overall application of moisturizing lotion. Approx. 40 min.

## **L'image \$95**

Starting with a foot soak and exfoliation, followed by a 40 min. reflexology treatment, ending with a relaxing full back massage. Approx. 70 min.

**Prices are subject to change.**

## Studio Policies:

- Treatment times are reserved especially for you! A min. of 24 hours notice is required if you must cancel your appointment, and 48 hrs for multiple bookings.
  - Without proper notice, a cancellation fee of 50% of the treatment booked will be charged. In case of a gift certificate, the value of the service will be deducted from the gift certificate.
  - Appointment "No shows" will be billed at 100% of the service value.
  - For your comfort and concerns, we will ask you to fill out a client health sheet upon your arrival.
  - If you have a medical condition or are pregnant, certain treatments may have to be modified or may not be appropriate.
  - All gift cards are non-refundable but fully transferable, or they may be redeemed for alternative services of equivalent value.
  - We strongly recommend booking your appointment(s) several weeks in advance.
  - To ensure your desired appointment time with your preferred service provider, we recommend you reserve your next treatment prior to leaving the studio.
- Gratuities are gratefully accepted and appreciated by service providers for great service. Industry standard is 15%.
  - Prices are subject to change without notice.
  - Making a reservation acknowledges acceptance of aforementioned guidelines.

*Undine's  
Wellness Studio*

**45675 Storey Ave.  
Chilliwack, BC  
V2R 4E6**



## Our Wellness Hours:

<b>Sunday &amp; Monday</b>	<b>Closed</b>
<b>Tuesday</b>	<b>9-6 pm</b>
<b>Wednesday</b>	<b>9-8 pm</b>
<b>Thursday</b>	<b>9-8 pm</b>
<b>Friday</b>	<b>9-6 pm</b>
<b>Saturday</b>	<b>9-5 pm</b>

**604-858-9400**